



# Cyberarts Studio Academy

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## Physical Education Pacing Calendar

### Fall Semester

<b>Dates</b>	<b>#Days</b>	<b>Unit Title/ Due Dates / Essential Questions/ Instructional Objective</b>	<b>Core Content &amp; NG Standards</b>	<b>Learning Target</b>	<b>Resources/Materials / Assessments</b>
9/15 - 9/26	8	UT: Fitness  Unit Essential Question: What is the importance of being physically active? How does your overall health and wellness benefit from being physically fit?	Core Content: Fitnessgram testing  NG Standards: S1: Develops a variety of motor skills S2: Applies knowledge related to movement and fitness concepts.	Students can perform a variety of activities designed to measure their current level of fitness	Resources: Fitnessgram  Assessment: PACER Curl ups Push Ups Sit and Reach Trunk Lift



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<p>9/29 - 11/14</p>	<p>30</p>	<p>UT: Volleyball</p> <p>Unit Essential Question: What concepts and skills are essential for successful participation in an organized game of volleyball?</p>	<p>Core Content: Volleyball skills and gameplay</p> <p>NG Standards:</p> <p>NS 1,2   SS 1: Demonstrates competency in movement skills through active participation. Applies appropriate terminology and strategies.</p> <p>NS 3,4,5   SS 1: Exhibits proper etiquette, respect for others and teamwork.</p> <p>NS 3   SS 1: Uses appropriate movement concepts and principles to analyze and improve performance within games and sports for self and others.</p>	<p>Students can perform a variety of volleyball skills during organized gameplay in order to promote competition and good sportsmanship.</p>	<p>Resources: USA Volleyball website</p> <p>Assessment: Peer Assessment during organized gameplay</p>
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<p>11/17 - 1/9</p>	<p>30</p>	<p>UT: Bowling</p> <p>Unit Essential Question: What concepts and skills are essential for successful participation in the game of bowling?</p>	<p>Core Content: Bowling skills and scoring</p> <p>NG Standards: NS 1,2   SS 1: Demonstrates competency in movement skills through active participation. Applies appropriate terminology and strategies.</p> <p>NS 3,4,5   SS 1: Exhibits proper etiquette, respect for others and teamwork.</p> <p>NS 3   SS 1: Uses appropriate movement concepts and principles to analyze and improve performance within games and sports for self and others.</p>	<p>Students can use bowling skills and concepts during gameplay in order to promote competition, good sportsmanship and fair play.</p>	<p>Resources: US Bowling Congress website</p> <p>Assessment: Peer Assessment and scoring during gameplay</p>
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		UT: DD: Unit Essential Question:	Core Content:  NG Standards:		Resources:  Assessment:
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